سورة الانسان

Surah Al-Insan

The Man · Arabic with transliteration

SURAH 76 · 31 AYAHS · MADANI

بِسْمِ ٱللَّهِ ٱلرَّحْمَـٰنِ ٱلرَّحِيمِ

هَلْ أَتَىٰ عَلَى ٱلْإِنسَـٰنِ حِينٌ مِّنَ ٱلدَّهْرِ لَمْ يَكُن شَيْـًٔا مَّذْكُورًا ﴿١﴾

76:1 Hal ata ʿala alinsani heenun mina alddahri lam yakun shayan mathkooran

إِنَّا خَلَقْنَا ٱلْإِنسَـٰنَ مِن نُّطْفَةٍ أَمْشَاجٍ نَّبْتَلِيهِ فَجَعَلْنَـٰهُ سَمِيعًۢا بَصِيرًا ﴿٢﴾

76:2 Inna khalaqna alinsana min nutfatin amshajin nabtaleehi fajaʿalnahu sameeʿan baseeran

إِنَّا هَدَيْنَـٰهُ ٱلسَّبِيلَ إِمَّا شَاكِرًا وَإِمَّا كَفُورًا ﴿٣﴾

76:3 Inna hadaynahu alssabeela imma shakiran waimma kafooran

إِنَّآ أَعْتَدْنَا لِلْكَـٰفِرِينَ سَلَـٰسِلَا۠ وَأَغْلَـٰلًا وَسَعِيرًا ﴿٤﴾

76:4 Inna aʿtadna lilkafireena salasila waaghlalan wasaʿeeran

إِنَّ ٱلْأَبْرَارَ يَشْرَبُونَ مِن كَأْسٍ كَانَ مِزَاجُهَا كَافُورًا ﴿٥﴾

76:5 Inna alabrara yashraboona min kasin kana mizajuha kafooran

عَيْنًا يَشْرَبُ بِهَا عِبَادُ ٱللَّهِ يُفَجِّرُونَهَا تَفْجِيرًا ﴿٦﴾

76:6 ʿAynan yashrabu biha ʿibadu Allahi yufajjiroonaha tafjeeran

يُوفُونَ بِٱلنَّذْرِ وَيَخَافُونَ يَوْمًا كَانَ شَرُّهُۥ مُسْتَطِيرًا ﴿٧﴾

76:7 Yoofoona bialnnathri wayakhafoona yawman kana sharruhu mustateeran

وَيُطْعِمُونَ ٱلطَّعَامَ عَلَىٰ حُبِّهِۦ مِسْكِينًا وَيَتِيمًا وَأَسِيرًا ﴿٨﴾

76:8 Wayut'imona altta'ama 'ala hubbihi miskeenan wayateeman waaseeran

إِنَّمَا نُطْعِمُكُمْ لِوَجْهِ ٱللَّهِ لَا نُرِيدُ مِنكُمْ جَزَآءً وَلَا شُكُورًا ﴿٩﴾

76:9 Innama nut'imukum liwajhi Allahi la nureedu minkum jazaan wala shukooran

إِنَّا نَخَافُ مِن رَّبِّنَا يَوْمًا عَبُوسًا قَمْطَرِيرًا ﴿١٠﴾

76:10 Inna nakhafu min rabbina yawman 'aboosan qamtareeran

فَوَقَىٰهُمُ ٱللَّهُ شَرَّ ذَٰلِكَ ٱلْيَوْمِ وَلَقَّىٰهُمْ نَضْرَةً وَسُرُورًا ﴿١١﴾

76:11 Fawaqahumu Allahu sharra thalika alyawmi walaqqahum nadratan wasurooran

وَجَزَىٰهُم بِمَا صَبَرُوا۟ جَنَّةً وَحَرِيرًا ﴿١٢﴾

76:12 Wajazahum bima sabaroo jannatan wahareeran

مُّتَّكِـِٔينَ فِيهَا عَلَى ٱلْأَرَآئِكِ ۖ لَا يَرَوْنَ فِيهَا شَمْسًا وَلَا زَمْهَرِيرًا ﴿١٣﴾

76:13 Muttakieena feeha 'ala alaraiki la yarawna feeha shamsan wala zamhareeran

وَدَانِيَةً عَلَيْهِمْ ظِلَٰلُهَا وَذُلِّلَتْ قُطُوفُهَا تَذْلِيلًا ﴿١٤﴾

76:14 Wadaniyatan 'alayhim thilaluha wathullilat qutoofuha tathleelan

وَيُطَافُ عَلَيْهِم بِـَٔانِيَةٍ مِّن فِضَّةٍ وَأَكْوَابٍ كَانَتْ قَوَارِيرَا۠ ﴿١٥﴾

76:15 Wayutafu 'alayhim bianiyatin min fiddatin waakwabin kanat qawareera

قَوَارِيرَا۠ مِن فِضَّةٍ قَدَّرُوهَا تَقْدِيرًا ﴿١٦﴾

76:16 Qawareera min fiddatin qaddarooha taqdeeran

وَيُسْقَوْنَ فِيهَا كَأْسًا كَانَ مِزَاجُهَا زَنجَبِيلًا ﴿١٧﴾

76:17 Wayusqawna feeha kasan kana mizajuha zanjabeelan

عَيْنًا فِيهَا تُسَمَّىٰ سَلْسَبِيلًا ﴿١٨﴾

76:18 ʿAynan feeha tusamma salsabeelan

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* وَيَطُوفُ عَلَيْهِمْ وِلْدَٰنٌ مُّخَلَّدُونَ إِذَا رَأَيْتَهُمْ حَسِبْتَهُمْ لُؤْلُؤًا مَّنثُورًا ﴿١٩﴾

76:19 Wayatoofu ʿalayhim wildanun mukhalladoona itha raaytahum hasibtahum luluan manthooran

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وَإِذَا رَأَيْتَ ثَمَّ رَأَيْتَ نَعِيمًا وَمُلْكًا كَبِيرًا ﴿٢٠﴾

76:20 Waitha raayta thamma raayta naʿeeman wamulkan kabeeran

عَٰلِيَهُمْ ثِيَابُ سُندُسٍ خُضْرٌ وَإِسْتَبْرَقٌ ۖ وَحُلُّوٓا۟ أَسَاوِرَ مِن فِضَّةٍ وَسَقَىٰهُمْ رَبُّهُمْ شَرَابًا طَهُورًا ﴿٢١﴾

76:21 ʿaliyahum thiyabu sundusin khudrun waistabraqun wahulloo asawira min fiddatin wasaqahum rabbuhum sharaban tahooran

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إِنَّ هَٰذَا كَانَ لَكُمْ جَزَآءً وَكَانَ سَعْيُكُم مَّشْكُورًا ﴿٢٢﴾

76:22 Inna hatha kana lakum jazaan wakana saʿyukum mashkooran

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إِنَّا نَحْنُ نَزَّلْنَا عَلَيْكَ ٱلْقُرْءَانَ تَنزِيلًا ﴿٢٣﴾

76:23 Inna nahnu nazzalna ʿalayka alquraana tanzeelan

فَٱصْبِرْ لِحُكْمِ رَبِّكَ وَلَا تُطِعْ مِنْهُمْ ءَاثِمًا أَوْ كَفُورًا ﴿٢٤﴾

76:24 Faisbir lihukmi rabbika wala tutiʿ minhum athiman aw kafooran

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وَٱذْكُرِ ٱسْمَ رَبِّكَ بُكْرَةً وَأَصِيلًا ﴿٢٥﴾

76:25 Waothkuri isma rabbika bukratan waaseelan

وَمِنَ ٱلَّيْلِ فَٱسْجُدْ لَهُۥ وَسَبِّحْهُ لَيْلًا طَوِيلًا ﴿٢٦﴾

76:26 Wamina allayli faosjud lahu wasabbihhu laylan taweelan

إِنَّ هَٰٓؤُلَآءِ يُحِبُّونَ ٱلْعَاجِلَةَ وَيَذَرُونَ وَرَآءَهُمْ يَوْمًا ثَقِيلًا ﴿٢٧﴾

76:27 Inna haolai yuhibboona al'ajilata wayatharoona waraahum yawman thaqeelan

نَّحْنُ خَلَقْنَٰهُمْ وَشَدَدْنَآ أَسْرَهُمْ ۖ وَإِذَا شِئْنَا بَدَّلْنَآ أَمْثَٰلَهُمْ تَبْدِيلًا ﴿٢٨﴾

76:28 Nahnu khalaqnahum washadadna asrahum waitha shina baddalna amthalahum tabdeelan

إِنَّ هَٰذِهِۦ تَذْكِرَةٌ ۖ فَمَن شَآءَ ٱتَّخَذَ إِلَىٰ رَبِّهِۦ سَبِيلًا ﴿٢٩﴾

76:29 Inna hathihi tathkiratun faman shaa ittakhatha ila rabbihi sabeelan

وَمَا تَشَآءُونَ إِلَّآ أَن يَشَآءَ ٱللَّهُ ۚ إِنَّ ٱللَّهَ كَانَ عَلِيمًا حَكِيمًا ﴿٣٠﴾

76:30 Wama tashaoona illa an yashaa Allahu inna Allaha kana 'aleeman hakeeman

يُدْخِلُ مَن يَشَآءُ فِى رَحْمَتِهِۦ ۚ وَٱلظَّٰلِمِينَ أَعَدَّ لَهُمْ عَذَابًا أَلِيمًۢا ﴿٣١﴾

76:31 Yudkhilu man yashao fee rahmatihi waalththalimeena a'adda lahum 'athaban aleeman

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